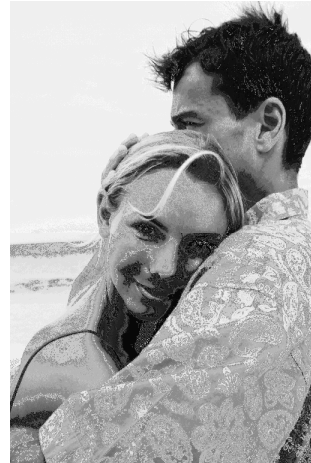


# NAMI Utah

*Help Hope Healing*

You or someone you love lives with depression, anxiety, bipolar or schizophrenia. That is why there is NAMI (National Alliance on Mental Illness).



What you will find at NAMI Utah:

- A network of friends who care and understand
- Free education, support and advocacy
- Ideas that help you take care of yourself and your family
- A chance to share your experience and learn from others who have been there
- Information about brain disorders, treatment, and services
- Help. Hope. Healing.

Contact NAMI Utah today by calling (801) 323-9900 or toll-free (877) 230-6264.

## **NAMI Utah**

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Suite 160

Salt Lake City, UT 84102

**Phone:** 801.323.9900

**Toll-free:** 877.230.6264

**Website:** [www.namiut.org](http://www.namiut.org)

**Email:** [education@namiut.org](mailto:education@namiut.org)



National Alliance on Mental Illness

# **nami** | Utah